



Cayuga County Health and Human Services
160 Genesee Street
Auburn, NY 13021

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Contact: Deanna Hoey, Public Health Educator
Phone: (315) 253-1458
Fax: (315) 252-2085

H1N1 & Seasonal Flu Vaccine Update

The Cayuga County Health Department wants to assure the community that all efforts are being made to receive adequate quantities of H1N1 flu vaccine as it becomes available. Currently the Health Department has limited supply of the H1N1 vaccine and we are holding clinics for specific target populations as recommended by the Centers for Disease Control and Prevention. Once adequate amounts of the H1N1 flu vaccine are received we will be holding additional clinics.

The Health Department is working with the school districts in Cayuga County to hold school-based H1N1 clinics for each school district within the county in November. We anticipate these clinics will run after the school day so that parents can accompany their children. Information regarding H1N1 flu clinics will be made available to the public as our supply permits.

Local health care providers began to place their orders for H1N1 vaccine this week, directly with the state. It is hoped that they will receive their initial supply by next week. Currently there are small quantities of H1N1 vaccine in the community. You are encouraged to call your health care provider to receive vaccine.

The Health Department ordered 1,200 doses of seasonal flu vaccine for this year and we have not received our full shipment. We were able to hold two seasonal flu vaccination clinics earlier this fall. At this time the Health Department does not have any seasonal flu vaccine. We anticipate receiving more seasonal flu vaccine and when it is received, the Health Department will be scheduling additional clinics. We will publicize these clinics when it is possible to hold them.

The Cayuga County Health Department is committed to distributing the vaccine, seasonal and H1N1, to the public as soon as it is possible.

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Meanwhile, there are a number of things you can do to stay healthy:

- *Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are effective
- *Cover your nose and mouth with a tissue or your upper sleeve when you cough or sneeze. Throw the tissue in the trash after you use it.
- *Avoid touching your eyes, nose, or mouth. That's how you infect yourself.
- *STAY HOME from work or school if you are sick

For more information or to check on clinic schedules you can visit the Cayuga County Health Department Web site: <http://co.cayuga.ny.us/hhs/doh/index.htm>. The Health Department flu hotline (315) 253-1157 is a recorded message that will be updated as needed once clinics are scheduled. For other questions, you can call the Cayuga County Health Department at (315) 253-1560.

